**YES: Trusting our Own Deepest**

**Experience**



8th November 2014 in Dunedin

This workshop is an opportunity to understand faith as a healing quality, a sanctuary that can be nurtured in each of us, like balm on our deepest wounds.

Rather than faith requiring our blind adherence to a belief system, we will look at faith as an indwelling spaciousness for cultivating our own YES to life and knowing the peace that compassion brings.

**Facilitator:** Pip Nicholls www.thegentleartofknowing.co.nz

**Venue:** In Dunedin and to be advised

**Time:** 10.30am to 4pm

**Cost:** $50

**Enquiries/registration by 27th Oct:** Pip Nicholls (04) 562 6364 or pip.nicholls@xtra.co.nz